

## ABSTRACT OF THE DISCLOSURE

A content storage method and system for use in a content distribution network are provided. A personal file locker is established on the network for a user. A content-storage-request database is established. The database tracks  
5 requests by the user for placing video programs into the user's file locker for personal use by the user. Upon the broadcasting of a video program for which there exists a request by the user to place the video program into the user's file locker, the requested video program is stored in the user's file locker. The stored video program is then made available to the user for viewing. Alternative approaches to  
10 content storage methods and systems are also described.